

Rocks Football Player Job Description:

- Add energy to every practice and competition,
- Manage the locker room,
- Come in early,
- Stay late,
- Treat new teammates better than they expect,
- Offer to help teammates before they ask,
- Make dinner with the team,
- Leave the team better than you found it,
- Invent a moment of silliness,
- Highlight good work from your teammates,
- Help with recruiting,
- Get smarter at your sport by watching film,
- Encourage new teammates to speak up,
- Push teammates to do the hard thing,
- Talk to coach,
- Tell a joke at no one's expense,
- Celebrate the team's success.